

- Microwaves heat breast milk and formula unevenly causing burns.

- **Do not carry hot drinks** while holding a baby or child.
- **Keep hot drinks out of reach** to prevent splash burn.



- Have a **smoke detector** on each floor and make sure to **change the batteries** twice a year.

Tips for milk bottles

- Heat up baby bottles by placing in warm water for 10-15 minutes
- Or use a bottle warmer
- Test the temperature on your wrist before feeding

Preparation



- Create a well-equipped first aid kit at home.

- **Learn basic first aid for burns** and teach caregivers or babysitters
- **Seek medical attention for burns** particularly if to the face, hands,



Water Burn?

1.

Run under cool water

